**P & C News**

**Tuckshop:** Our final Tuckshop trading day for this year will be Friday November 28th. There may be limited stocks of some items available.

**LIBRARY BAGS / SWIMMING BAGS:**
We are now stocking Library Bags and Swimming Bags. They are $10.00 each or you can buy set of 2 for $15.00. They can be purchased from the Tuckshop on Tuesday, Thursday or Friday.

**HATS:** We have a new stock of hats in smaller sizes.

**FACEBOOK:** The P&C now have a Facebook page to keep you up to date with what is happening in the P&C.

**Bundaberg Central State School P&C “please like it”**

**FAMILY PORTRAITS:** These should be available soon. (Chelsea and her baby have both been sick). As soon as they arrive I will let you know.

**HAM WHEELS:**
The P&C is running Ham Wheels every Friday night right up until Friday December 12th. A great range of prizes to be won including Hams, chickens, meat trays, buckets of groceries, fruit/veg trays and Christmas cakes as well as kids spins where you can win gift vouchers from K Mart. Canteen will be open from 6pm where we will have hamburgers, hotdogs, pies and drinks available. Spins start at 6.30pm. Thank you to all the families who have supported us so far with these spins.

**Christmas Stocking Raffle:** Both raffles will be drawn on Graduation Night, Monday December 1st. Tickets must be returned to school by Friday November 28th. We ask parents to bring in donations such as canned and bottled food, soft drinks, chips, lollies, toys, kitchen ware, Christmas decorations, bon-bons, to be placed in the Christmas Stocking.

**Pageant of Lights:** If you are interested in your children being a part of the Central Stars float please let us know.

**Kathy.**
RAOK
On Monday Skye and I went to the Botanical Gardens for
Random Acts Of Kindness
morning tea. There were students from other schools that had made chains from their random act of kindness. Now it is our turn to do random acts of kindness and making our kindness chains at school. This will include writing the act of kindness that we acted upon, onto the paper and join the chains together. Let us see how long our Central chain can grow!!!!
We will try and demonstrate what Random Acts of Kindness are by:
*Including other students in games we play.
*Helping teachers without being asked. Eg. Cleaning up the classroom.
*Helping parents without being asked around the home.
*Being a good friend.

By Harmon Josefski

Cycling as a Sport
The “Remembering Amy For A Reason’ Program
The ‘Amy Gillett Foundation’
Inspired by the life of Amy Gillett the foundation’s vision is to eliminate bike-related fatalities. The mission is for safe - cycling in Australia.
‘Remembering Amy’ is a road safety awareness and life skills program currently delivered to school aged children (primary & secondary) by Amy’s mum, Mary Safe. It is aimed at helping to educate the next generation about the importance of taking responsibility on the road whether riding a bike or driving a car. (A scholarship is offered by the foundation each year for an up and coming rider.)

Amy was a track & road cyclist for Australia who was hit by an out of control motorist whilst cycling with her national team mates in Germany in July 2005. Amy was leading the pack of riders and was killed at age 29. The other team mates were all seriously injured.

Ride Rules
• In Qld cyclists can ride on the footpath
• Always stop on red, follow road rules
• Use your lights, be seen, wear bright colours
• Be alert, expect the unexpected
• Wear a helmet, adjust to fit correctly
• Indicate your intentions, be predictable
• Maintain your bike, ride safe
• Always carry ID—in case of accident you can be identified

A Metre matters!
Drivers must allow a minimum of 1 metre when overtaking bike riders on the road.

Written by Mrs Jenny Russell
Photos by Shauna Isherwood